



Board of County Commissioners, Geauga County, Ohio

Resolution: #26-065

Date: May 5, 2026

**RESOLUTION PROCLAIMING MAY 2026 AS MENTAL HEALTH AWARENESS MONTH
"MORE GOOD DAYS, TOGETHER"**

WHEREAS, mental health includes our emotional, psychological, and social well-being, and it affects how we think, feel, and act. It also affects how we manage stress, relate to others, and make choices. Mental health is essential to a person's life in the same way as physical health. It allows us to take care of ourselves and our families, and supports the development of a healthy workforce and advances economic opportunities; and

WHEREAS, we know that there is no health without mental health. One in five people experience a mental health condition each year — and five in five are managing their mental health every day. A lack of mental health awareness leads to devastating impacts on the well-being of individuals and society. Of the twelve lives lost to suicide in Geauga County in 2025, 75% were men; and

WHEREAS, under the leadership of the Geauga County Board of Mental Health and Recovery Services, over 8,300 Geauga County residents received services from partner agencies in 2025; and

WHEREAS, improved systems of care for vulnerable populations, access to non-emergent and crisis services, and advanced integrated physical and behavioral health care, along with provider relations, help to fortify services coordinated by the Geauga County Board of Mental Health and Recovery Services; and

WHEREAS, May 1 through May 31, 2026, is recognized as Mental Health Awareness Month. Mental Health America's 2026 theme is "More Good Days, Together," which reflects the mission of helping people have more good days by meeting them where they are, supporting them as whole people, and understanding that "good" is defined by their unique experience and goals; and

WHEREAS, the Geauga County Board of Mental Health and Recovery Services has asked for the support of the Geauga County Commissioners in recognizing May 2026 as Mental Health Awareness Month and affirming a commitment to ensuring all residents have access to appropriate mental health support when needed and to supporting education and community engagement to make more good days possible for all.

THEREFORE, BE IT RESOLVED the Geauga County Commissioners join the Geauga County Board of Mental Health and Recovery Services and recognize May 2026 as Mental Health Awareness Month. We call upon our citizens, government agencies, public and private institutions, businesses, and schools to commit to increasing awareness and understanding of mental illness and the need for appropriate and accessible services for all people with mental illnesses to promote recovery and a higher quality of life.

BE IT FURTHER RESOLVED, that this Resolution become part of the permanent record of the Board of Commissioners of Geauga County, Ohio.

Voting thereon:

Vote:

James W. Dvorak

Yes

Carolyn Brakey, Esq.

yes

Ralph Spidalieri

yes



I, Christine Blair, Commissioners' Clerk to the Board of County Commissioners Geauga County, Ohio, certify that the foregoing is a true and correct copy of a resolution adopted at a legally convened Board meeting held on May 5, 2026.

Christine Blair, Commissioners' Clerk