



# PANORAMA

Geauga County Board of Mental Health and Recovery Services

24/7 Geauga County Crisis Hotline  
Call COPELINE at 1-440-285-5665 or 1-888-285-5665



## NEW BOARD MEMBER JOINS THE GEAUGA COUNTY BOARD OF MENTAL HEALTH & RECOVERY SERVICES

At their December 2016 Board meeting, the Geauga County Board of Mental Health and Recovery Services welcomed newly appointed Board member Ann Bagley.

Ms. Bagley was appointed to the volunteer Board by the Ohio Department of Mental Health and Addiction Services for a four year term ending June 30, 2020. Ann Bagley worked for the Geauga County Department of Job and Family Services before her retirement. Her extensive work there with families and children throughout the county will be a strong asset to the Board, according to Jim Adams, the Board CEO. "Ann has been involved in many difficult cases through the years, most of which had a mental health or addiction component, and her expertise is well known in the behavioral health care field," Adams said.

If you are interested in applying for a Board member appointment or learning more about the Geauga County Board of Mental Health and Recovery Services, you can call the Board office at (440) 285-2282 or by email at [mhrs@geauga.org](mailto:mhrs@geauga.org).

## NATIONAL DRUG AND ALCOHOL FACTS WEEK

The Geauga County Board of Mental Health and Recovery Services joins the National Institute on Drug Abuse (NIDA) in promoting the 2017 National Drug & Alcohol Facts Week beginning Monday, January 23rd through Sunday, January 29th.



National Drug & Alcohol Facts Week was launched to counteract the myths about drugs and alcohol that teens get from the internet, social media, television, movies, music or their friends.

The Monitoring the Future Survey is conducted annually by the University of Michigan through a grant from NIDA and measures drug, alcohol and cigarette use, along with the attitudes of teens. The 2016 survey was given to 45,473 public and private school students in the 8th, 10th and 12th grades. Some results were:

- Past year use of marijuana among 8th graders dropped significantly, while it remained steady for 10th and 12th grade students. The survey shows that 68.9% of high school seniors do not view regular marijuana smoking as harmful, but 68.5% say they disapprove of regular marijuana smoking.
- Alcohol use continues to steadily decline, but more than one-third (33.2%) of 12th grade students said they had used alcohol within the past month.
- Cigarette use continues to steadily decline, but teens reported they are more likely to use e-cigarettes rather than cigarettes, with 10.5% of seniors reported smoking cigarettes in the last month and 12.5% reported using e-cigarettes.
- The results show a continued long-term decline in the use of many illicit substances among teens.

National Drug Control Policy Director Michael Botticelli said "It is encouraging to see more young people making healthy choices not to use illicit substances. We must continue to do all we can to support young people through evidence-based prevention efforts as well as treatment for those who may develop substance use disorders."

For additional facts and information about drugs and alcohol, you can visit the National Institute on Drug Abuse's website for teens at [www.teens.drugabuse.gov](http://www.teens.drugabuse.gov).

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## HELP IS AVAILABLE!

If you or someone you know needs help with mental health, drug or alcohol abuse issues, local help is available. Call COPELINE at 440-285-5665 or 1-888-285-5665. This is a 24-hour hotline available to Geauga County residents funded by the Geauga County Board of Mental Health and Recovery Services.

Any Ohio resident who needs help coping with a crisis can text the keyword **4hope** to **741741**, to be connected to a Crisis Counselor. The Crisis Text Line is there to help those in need of a support line, no matter where they may be, however, emergency situations should be handled immediately with a direct call for help. If you or someone you know is in imminent danger to themselves or someone else, call 911 or go to the nearest emergency room.

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Phone 440-285-2282 | Email [mhrs@geauga.org](mailto:mhrs@geauga.org) | [www.geauga.org](http://www.geauga.org)