

PANORAMA

Geauga County Board of Mental Health and Recovery Services

24/7 Geauga County Crisis Hotline
Call COPELINE at 1-440-285-5665 or 1-888-285-5665

WISHING YOU A VERY HAPPY HOLIDAY SEASON WITH THE BEST OF EVERYTHING IN THE COMING YEAR!



LUNCH, DINNER AND LEARN * 1ST IN A SERIES



The Lunch, and Dinner, and Learn Series were held at the Geauga County Board of Mental Health and Recovery Services in early November. Board CEO, Jim Adams provided information to over 30 participants, highlighting the roles and responsibilities of the Board. He also focused on the services and priorities that the Board has established in their Strategic Plan. The Board duties include: assessing the needs of the community, developing a service delivery system designed to meet those needs, creating and funding services for the local system of care (mental health, and alcohol or other drugs), evaluating outcomes, and providing education and prevention services.

The Board receives federal, state and local funding that is distributed to numerous Geauga County agencies for the provision of a broad range of mental health and drug and alcohol services for Geauga County residents. Some of the programs funded by the Board include crisis intervention, employment services, prevention and education, psychiatric hospitalization, assessment, counseling, medication, early childhood consultation, housing and residential services, ambulatory detox, drug-free safety programs, problem gambling, and drug and alcohol treatment, along with other services specific to certain at risk populations.

Priorities and challenges identified by the Board include:

- Medicaid Managed Care for Behavioral Health Services
- Information Technology, including electronic health records transition
- Workforce development of licensed professionals to provide services
- Suicide prevention
- Opiate abuse treatment and prevention
- Recovery Oriented System of Care development
- Integration of health care and behavioral health care
- Early intervention/prevention services for children

If you, a loved one, or someone you know, is experiencing a mental health or substance abuse issue, local help is available. You can contact the COPELINE at 440-285-5665 or 1-888-285-5665. This is a free 24 hour crisis line provided by the Geauga County Board of Mental Health and Recovery Services.

NEW STATEWIDE CRISIS TEXT LINE

The Geauga County Board of Mental Health and Recovery Services is joining the Ohio Department of Mental Health and Addiction Services and the Ohio Department of



Developmental Disabilities to help make it easier for individuals experiencing a stressful situation to find immediate 24/7 help by launching a free, confidential statewide Crisis Text Line. Any Ohio resident who needs help coping with a crisis can text the keyword 4hope to 741741, to be connected to a Crisis Counselor. Within five minutes a highly trained volunteer will respond with a personal and confidential response. They can provide information on a range of issues, including suicidal thoughts, bullying, depression, self-harm, and more. The Crisis Counselor can also help the texter stay safe and healthy with effective, secure support and referrals.

The goal of the Crisis Text Line is to create an easy way to reach young people struggling with depression and thoughts of suicide. Research has found they are more comfortable interacting by text to obtain needed support. The Crisis Text Line is there to help those in need of a support line, no matter where they may be, however, emergency situations should be handled immediately with a direct call for help. If you or someone you know is in imminent danger to themselves or someone else, call 911 or go to the nearest emergency room.

Geauga County Board of Mental Health and Recovery Services
Phone 440-285-2282 | Email mhrs@geauga.org | www.geauga.org