

Crisis Intervention Team Announces Grant From Fairmount Minerals



Ravenwood Mental Health Center and the Geauga County Community Crisis Intervention Team (CIT) are excited to announce the receipt of a \$5,000 grant from Fairmount Minerals Corporation to provide additional funding for the CIT Program. The program has been and continues to be generously supported by the Geauga County Board of Mental Health, but recent budget cuts by the Ohio Department of Mental Health threatened to require program reductions. The combined funding will allow the CIT Advisory Committee to continue in their mission to provide training to and build strong working relationships among local professionals who work with individuals in crisis in our community.

Founded in 2004 in Geauga County, the CIT Committee is co-chaired by Lt. Scott Niehus with the Geauga County Sheriff's Office and Deanna Brant from Ravenwood Mental Health Center. Its goals are to provide training for law enforcement and emergency responders to work with people in crisis, to improve communication between law enforcement and mental health providers, to track outcomes of calls to law enforcement that involve mental health emergencies, and to promote diversion of the mentally ill from the court system when appropriate.

To date more than 100 professionals have been trained in a 40 hour initial class that covers core elements such as What is Mental Illness?, Mood and Thought Disorders, Psychiatric Medications, Family Perspectives and De-escalation Skills. This grant also provided funding for the one day Annual Advanced CIT Training held on October 14, 2011. This training covered topics such as "Working Effectively with Veteran's in Crisis," "Communication Skills and Corrections" and "Advanced Verbal De-Escalation Skills." Thirty local professionals attended this advanced class.

Outcome research on this excellent program provide strong evidence that the training results improved care for mentally ill persons and improved safety for both officers and individuals with whom they intervene. With a strong commitment from both law enforcement and mental health professionals, Geauga County is among the leaders of state in the percentage of officers who have received the training.

Bridges Staff Recognized

Bridges staff members were recognized by the Geauga Family and Children First Council for their ongoing quality work with children. Elise Aitken PCC-S Clinical Director and Patricia Spadaro CT each received a plaque entitled "Be the Bridge". Elise is also a music therapist who often uses song and instruments to work very effectively with the children and youth in the program. Pat has been with Bridges for over 10 year and is currently pursuing her Masters in Social Work.

Bridges is a partial hospital, group therapy program, that works with children and adolescents from ages 8 to 17 The goal of this program is to help children with severe emotional difficulties live effectively in their homes and communities. The program began over 20 years ago and is housed at Metzenbaum Center in Chesterland. It is funded by the Geauga Family and Children First Council.

Congratulations!



Ravenwood Acquires Electronic Medical Records

After a lengthy process of evaluating a variety of products, Ravenwood Mental Health Center has entered a contract to install and implement an electronic medical records and billing system provided by the Echo Group. "Clinician's Desktop" is a full service system which has the capacity to support fully paperless operation within or across Ravenwood's multiple sites. The push for electronic records has been accelerated by requirements contained in the federal 2010 Affordable Care Act and is supported by advances in technology.

The Echo Group has been providing information management products for the behavioral health industry since 1980 and has been a leader in the development of computerized products for medical records.

The current system is built on the innovative Visual Health Record which displays all aspects of a record on a time line with clickable icons. This feature allows a clinician to view critical events such as appointments, medication prescriptions and

expirations, laboratory results and other scheduled events. The software is integrated with Dr. First, a fully electronic prescribing product and with Ravenwood's current billing system, Xaktclaim.

Echo's medical record product has earned complete EHR Ambulatory Certification from the federal government which means the product meet criteria for document "meaningful use". Under the Affordable Care Act qualified clinicians who meet the criteria qualify for incentive reimbursement, and Ravenwood expects to recoup the cost of the hardware, software and training and implementation through this program.

An implementation group consisting of Ravenwood staff started work in September with an anticipated "go live" of February, 2012. To accommodate Clinician's Desktop, new servers were installed at Ravenwood in late November, 2011 and the software was downloaded during the first week of December. Current plans target July

1, 2012 for full implementation. It is expected that implementation will be difficult and time consuming, but that significant a increase in efficiency will be realized as the need to file and find paper documents is eliminated. The software should decouple site from record, in that Ravenwood's staff will have full access to the complete record at all of the agency's sites and access can be simultaneous. Mobile access is available for staff that work in the community. Clinician Desktop is also capable of supporting primary care services, a potential future development in the menu of services offered by Ravenwood Mental Health Center.



Dr. William Rowane wins the 2011 John Murray Award



On October 17th, the John Murray Award was given to William Rowane MD. The award, which is sponsored by the Geauga Family and Children First Council, is given to those who, in a quiet effective manner, go above and beyond for children and families. He was nominated by a 15 year old young man that has been a client of his for a number of years, and staff from Ravenwood.

The young man wrote "He has taught me to accept my ADHD, and make changes in how I organize my homework and to do better with time". "I credit Dr. Rowane for helping me understand how my brain works differently. Most of all, I think Dr. Rowane

helped me understand and believe in myself".

In the staff nomination it was stated, "It would be simple for Dr. Rowane to sit in his office, see clients as they come in the door...however that is not what he is about,. He advocates tirelessly for his clients and believes in them, even when they do not believe in themselves". "He is open, engaged, a great listener, always has time for a few minutes of advise, kind, warm, approachable, responsive, helpful, a child advocate, professional, kind and wise. He is truly a hidden gem in Geauga County". Dr Rowane has worked at Ravenwood for over 16 years. Congratulations Dr. Rowane!

Music Therapy Benefits Youth

Music therapy, which is the prescribed structured use of music to effect therapeutic change, is a valuable asset to the YPHP program at Ravenwood. Through this medium, clients can use music to develop resiliency skills, including but not limited to impulse control, frustration, tolerance, symptom management, attention focus, and self-expression.



The following is an example of song parody, in which the clients use the words and melody of an existing song to 'find their own voice' for processing within the session. These particular clients range in age from 8-12 and are from the junior Bridges Program. The group topic for this session included themes of bullying, self-awareness, and tolerance.

If you were me...

*There are kids who like to hate me, they tease and call me names.
Sometimes they even hit me, like its some kind of a game, and
When I try to speak my mind, they say I'm to blame...
There's kids on the bus who tease me, because I'm so thin,
They do their best to make it so I'll never quite fit in,
I don't understand how you can say this, and call yourself my friend...*

Chorus

*I wish you could be me for a day
How would you feel to be treated this way
"Let me be me" is what I'd say
Everyone has their own stuff that gets in the way...
I see people getting bullied, it makes me feel sad,
When little kids get picked on - this can really make me mad
Why do people feel the need to treat others so bad...*

Chorus

*Some days it's hard to just be me
I wish that you could only see...*

Support Ravenwood Today! Cut on the dotted line and mail.

I want to make a donation to Ravenwood Mental Health Association to help expand services in the community.

Enclosed is my \$ _____ donation to support Ravenwood programs

Given by: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

Please make your check payable to Ravenwood Mental Health Center and mail to:

Ravenwood Mental Health Center.
12557 Ravenwood Drive
Chardon, OH 44024

Ravenwood is a charitable non-profit organization and your donation is tax-deductible.

Ravenwood Welcomes New Staff

Catherine Posendek, LSW, joins Ravenwood as an On Call therapist in Emergency Services.

Jacob Neuman joins Ravenwood as the Chief Financial Officer

Erin Black joins Ravenwood as a Youth Care Worker at the Youth Center.

Cori Kulinski will be working in Dual Diagnosis with Leila Vidmar

Lynn Shew Staff Accountant at the Financial Office.

Julie Ruiz-Bueno from the Youth Center is the new Youth Care Coordinator.

Farewell to:

Kathy Strickland and Misty Kluk who left RMHC to pursue other opportunities.



First Prize Winners Gingerbread House Contest

The Geauga Youth Center school kids entered in the teen category annual contest sponsored by the Burton library. They won first prize, which was \$40.00!! We were the defending champions from last year. The houses are on display in the library through the holiday season. Come and see the great display!



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Fax (440)285-4552

Hours

Monday through Thursday
9:00 a.m. - 8:00 p.m.
Friday 9:00 a.m. - 5:00 p.m.

South Street Office

695 South Street,
Chardon, Ohio 44024
440 286-1631

Copline 24 Hour Emergency

(440)285-5665 or toll free
(888)285-5665

Middlefield Office

16030 E. High Street
Middlefield, Ohio 44062
(440-632-5355

The John Murray Center

208 North Hambden Street
Chardon, Ohio
440-286-2588

Bridges

Metzenbaum Center
8200 Cedar Road
Chesterland, Ohio 44026