

Signs and Symptoms

Dependent	Sign	Co-Dependent
Increase of drug to get same high	Increased tolerance	Puts up with more negative behavior
Thinking ahead to the next drink	Pre-occupation	Pre-occupied with user's behavior
Not living up to promises	Guilt	Feeling incompetent
Unintentional frequency and amount of drug use	Loss of control	Failed efforts to control emotional behavior
Excuses and denial	Alibis	Buys into alibis, stress, job, etc.
Switch drinks, i.e., only beer after 5	Change in pattern	Plan activities to keep busy
Takes less to get high and drinks same amount	Decreased tolerance	Shut down of emotions
Can't stop drinking/using	Hopelessness	Reconciled—my lot in life
Seizures Convulsions	Tremors Shakes	Nerve disorders Physical illness

The following contribute to the Center's treatment and prevention services.



Ohio Department of Alcohol and Drug Addiction Services



Lake County Alcohol, Drug Addiction and Mental Health Services Board



Gauga County Board of Mental Health and Recovery Services



Lake & Geauga Counties United Way

United Way of Lake and Geauga Counties

Family & Co-Dependency Programs



Mission Statement

Provide superior prevention, outpatient and residential services to individuals and families affected by alcoholism, substance abuse or mental health concerns, regardless of ability to pay and consistent with 12-step programs.

Vision Statement

Our vision is to be an asset to the community by providing leadership and support for an addiction-free society.

9083 Mentor Avenue
Mentor, Ohio 44060
(440) 255-0678
(440) 951-3511

209 Center Street, Unit E
Chardon, OH 44024
(440) 285-9119
(440) 942-6722

E-mail: info@lgrc.us
Website: www.lgrc.us

Family Treatment Program

The goal of the Family Treatment Program is to offer family members and significant others an opportunity to learn the disease concept of co-dependency as it relates to the disease of addiction.

Education and group activities are designed to promote insight into the negative emotional impact on the user, the family, and significant others in the progression of addiction.

Family Services

Group education and experiential opportunities enhance each participant's awareness and understanding of the family disease concept and encourage involvement in a personal recovery process.

Groups help participants

- identify and understand enabling, and
- learn to avoid co-dependent behaviors.

Participants develop the skills to promote personal and family recovery.

Interventions

An intervention gathers family members and others concerned about a loved one's alcohol and/or drug use. The process reveals specific actions by the user and breaks through the user's denial of destructive behavior.

Interventions are complicated and sensitive. Family members should not attempt an intervention without guidance.

Please contact Lake-Geauga Recovery Centers, Inc. for professional help.

Adult family members 18 years and older who have been negatively affected by another person's alcohol and/or drug use are eligible for the Lake-Geauga Recovery Centers, Inc. Family Program. Fees are based on a sliding fee scale. Family members of a loved one currently involved in treatment may participate in the Family Program at no cost.